You are invited to think about:

- Life-changing moments in your life and in the lives of others
- How the apostles and other disciples of Jesus were changed by the experience of Pentecost
- The gifts of the Holy Spirit at work in your life and in the lives of others

KEY WORDS

Gifts of the Holy Spirit:

Wisdom, Understanding, Right Judgement [Counsel], Courage [Fortitude], Knowledge, Reverence [Piety], and Wonder and Awe in God's presence [Fear of the Lord].

Feast of Pentecost: This is celebrated fifty days after Easter Sunday. It commemorates the first Pentecost, the day when the Holy Spirit came upon the apostles and other disciples in Jerusalem. Inspired by the Holy Spirit, they preached the Good News publicly for the first time.

THEME 10: CONFIRMATION (THE HOLY SPIRIT) | LESSON 1

The Power of the Holy Spirit

RECALL THE INTERVIEW WITH A BEST-SELLING AUTHOR

- Why was Hannah feeling so down before the new girl came to her school?
- What did Hannah's fear stop her from doing?
- What did the new girl do that helped to change the situation for Hannah?
- What impact did the new girl's actions have on Hannah?



JOURNAL EXERCISE

 Think about a particular moment that was very important in your life – a moment that you might describe as life-changing. Write or draw about it in your Religious Education journal.

THE FIRST PENTECOST

The apostles experienced many 'life-changing moments'. One of those moments was the day of **Pentecost**, when the Holy Spirit came upon them.

The Coming of the Holy Spirit (Acts of the Apostles 2:1-8, 11-12, 14, 22, 32-33, 38, 41-42)

When the day of Pentecost came, all the believers were gathered together in one place. Suddenly there was a noise from the sky which sounded like a strong wind blowing, and it filled the whole house where they were sitting. Then they saw what looked like tongues of fire which spread out and touched each person there. They were all filled with the Holy Spirit and began to talk in other languages, as the Spirit enabled them to speak.

There were Jews living in Jerusalem, religious people who had come from every country in the world. When they heard this noise, a large crowd gathered. They were all

excited, because all of them heard the believers talking in their own languages. In amazement and wonder they exclaimed, 'These people who are talking like this are Galileans! How is it, then, that all of us hear them speaking in our own native languages? ... Some of us are from Rome, both Jews and Gentiles converted to Judaism, and some of us are from Crete and Arabia – yet all of us hear them speaking in our own languages about the great things that God has done!' Amazed and confused, they kept asking each other, 'What does this mean?'

Then Peter stood up with the other eleven apostles and in a loud voice began to speak to the crowd: 'Fellow Jews and all of you who live in Jerusalem, listen to me and let me tell you what this means. ... Jesus of Nazareth was a man whose divine authority was clearly proven to you by all the miracles and wonders which God performed through him. You yourselves know this, for it happened here among you. ... God has raised this very Jesus from death, and we are all witnesses to this fact. He has been raised to the right side of God, his Father, and has received from him the Holy Spirit, as he had promised. What you now see and hear is his gift that he has poured out on us.' ...

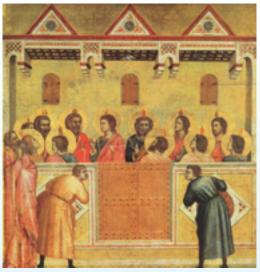
Peter said to them, 'Each one of you must turn away from your sins and be baptised in the name of Jesus Christ, so that your sins will be forgiven; and you will receive God's gift, the Holy Spirit.' ...

Many of them believed his message and were baptised, and about three thousand people were added to the group that day. They spent their time in learning from the apostles, taking part in the fellowship, and sharing in the fellowship meals and the prayers.

- What did the apostles who had gathered together on the day of Pentecost see and hear?
- Who were the people in the crowd that gathered outside? Where had they come from?
- Why were these people amazed and confused?
- How did Peter explain what had happened? What did he say about Jesus?
- What did Peter urge the crowd to do, so that they, too, would receive God's gift of the Holy Spirit?
- How many people were baptised that day?

THINK ABOUT IT ...

 What do you think might have happened to the followers of Jesus, and to the Christian faith, if the events of Pentecost had not occurred?



Pentecost by Giotto



FOR MEMORISATION

The seven gifts of the Holy Spirit are: Wisdom, Understanding, Right Judgement [Counsel], Courage [Fortitude], Knowledge, Reverence [Piety], and Wonder and Awe in God's presence [Fear of the Lord].

THE GIFTS OF THE HOLY SPIRIT

The Holy Spirit brings to our lives seven gifts, which help us to live as God wants us to.

Wisdom

The Holy Spirit's gift of Wisdom helps people to have a deep understanding of God and to value the things of God. People who draw on the gift of Wisdom recognise that material things or possessions are not as important as spiritual things, such as love, peace and other things that relate to God. The material things of this world are only temporary – unlike God, who is everlasting or eternal.

Understanding

The Holy Spirit's gift of Understanding helps Christians to know God better. We can never fully know God because God is a mystery that our human minds can never fully understand. But we can come to understand many things about God through the gift of Understanding.

Right Judgement [Counsel]

Through the gift of Right Judgement the Holy Spirit inspires and guides Christians to make the right decisions and to do the right thing. This can be particularly important in difficult situations, where it isn't always easy to know what is the right thing to do and to choose to do it.

Courage [Fortitude]

The Holy Spirit's gift of Courage gives Christians the strength to do God's will and to stand up for what is right. Sometimes this may not be the popular or easy thing to do. It can often mean being rejected or criticised.

Knowledge

The Holy Spirit's gift of Knowledge helps Christians to know and understand God's truth and God's plan for us in a deeper way. Full knowledge of God can only come about by God revealing certain truths to us — which we call Divine Revelation.

Reverence [Piety]

The Holy Spirit's gift of Reverence helps Christians to show their love for God. People filled with this gift have a deep respect for God. They desire to show this by taking part in the Church's public liturgies and by praying at other times on their own.

Wonder and Awe in God's presence [Fear of the Lord]

The Holy Spirit's gift of Wonder and Awe in God's presence helps Christians to know how great God is. This gift helps people to recognise the wonders of God's creation and to know that God alone is perfect.

The children reflected on life-changing events. The importance of such events may be obvious at the time or it may take years to realise their significance. For the disciples of Jesus, the event of Pentecost changed how they lived out their faith. Instead of being fearful, they became courageous and confident. They shared their faith openly and they inspired others to become followers of Jesus themselves. This change was brought about by the power of the Holy Spirit. The same Holy Spirit is alive and present today in people who have been baptised. When we receive the Sacrament of Confirmation, the Holy Spirit is strengthened within us, so that we, too, can live out our faith in a new way.

Read the poem 'Pentecost: I Was There' together.

Pentecost: I Was There

I was there when Peter barred the door. I watched the others silent in the gloom, Each pair of eyes so sad and far away, Each saddened heart remembering the tomb. Then Andrew said, 'Remember on the lake, Remember how he called my brother out'; And Peter said, 'My heart was light and free, And half way there it sank with fear and doubt'; And now the voices rang around the room As others told a tale from days gone by Of lepers healed, the mad man soothed and stilled, A new day dawning in a blind man's eye, Of children loved, a Roman soldier's hope, A lame man filled with joy at new-found feet. And with their hearts brim full of joy and peace They ran and brought that message to the street. I was there when hearts were closed and sad, When hearts were opened, gladdened and set free. I sat in silence in the upper room.

DID YOU KNOW?

The Holy Spirit inspired the apostles to share their faith openly. The apostles, in turn, inspired others to become followers of Jesus themselves.

TIME TOGETHER

Chat Together

Talk about someone you know who shows that they are using the gifts of the Holy Spirit in their daily life – someone who is particularly wise or understanding, or who shows good judgement or courage, etc.

Respond and Share

Think of a gift of the Holy Spirit that you recognise in someone you know. Write or draw about a situation where you saw them use this gift. Share your work with your parent or guardian.

Pray Together

Spirit of God, our Teacher and Guide,

Come to us and bring forth your gifts within us.

Help us to use them to serve God and others.

We ask this through Christ our Lord. Amen.

You are invited to think about:

- How people should be able to recognise Christians by the way they love others
- How the fruits of the Holy Spirit can be seen in people's words and actions
- How the fruits of the Holy Spirit can be seen in your own words and actions

KEY WORD

Fruits of the Holy Spirit:

When the gifts of the Holy Spirit bear fruit in a person's life, we can see the fruits of the Holy Spirit in action. The fruits of the Holy Spirit are: love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control.

THEME 10: CONFIRMATION (THE HOLY SPIRIT) | LESSON 2

The Fruits of the Holy Spirit

'SEE HOW THEY LOVE ONE ANOTHER!'

The Gospel according to John tells us that we should be able to know whether a person is a Christian or not by the way they love other people. Jesus said, 'If you have love for one another, then everyone will know that you are my disciples' (John 13:35). In fact, non-believers at that time used to look at the early Christian communities and say, 'See how they love one another!'

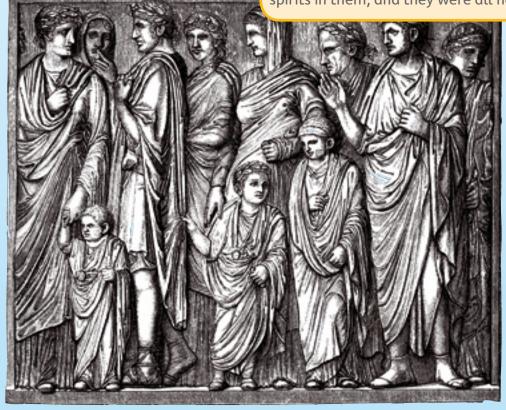
The following passages from Acts of the Apostles tell us about how the first Christians showed their love for one another.

All the believers continued together in close fellowship and shared their belongings with one another. (Acts 2:44)

They would sell their property and possessions, and distribute the money among all, according to what each one needed. (Acts 2:45)

Day after day they met as a group in the Temple, and they had their meals together in their homes, eating with glad and humble hearts. (Acts 2:46)

And crowds of people came in from the towns around Jerusalem, bringing those who were sick or who had evil spirits in them; and they were all healed. (Acts 5:16)



DAILY NEWS

Primary school boy wins

'Carer of the Year' prize

THE FRUITS OF THE HOLY SPIRIT

St Paul wrote a letter to the young Christian community in Galatia, in ancient Turkey. In his letter he said that if we are led or quided by the Holy Spirit, then we will have 'Spirit-filled' lives. St Paul described Spirit-filled lives as lives filled with love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control. These characteristics will be small at first, like seeds. However, if we allow the Holy Spirit to work in us, they will eventually grow to be like fruit on a tree, on display for everyone to see.

JOURNAL EXERCISE: FRUITS OF THE HOLY SPIRIT IN ACTION

There are many people who demonstrate the **fruits of** the Holy Spirit in their lives on a daily basis. Some are well-known people and others are not. Use the internet or old newspapers to find examples of people who you think have allowed the gifts of the Holy Spirit to bear fruit in their lives. Write a paragraph about one of those people in your Religious Education journal.

Here are some examples of newspaper headlines that



FOR MEMORISATION

The nine fruits of the Holy Spirit are: love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control.

'If you have love for one another, then everyone will know that you are my disciples.' (John 13:35)

THINK ABOUT IT ...

• In what ways could you show similar qualities to any of the people mentioned in the newspaper headlines?

JOURNAL EXERCISE: A FRUIT IN ACTION

 Stick the flashcard that you took from the basket into your Religious Education journal. Then write a paragraph about how you will try to show this fruit in action over the coming days and weeks. Alternatively, use pictures and/or symbols to illustrate your ideas.



Fruits of the Holy Spirit

The children reflected on the ways in which others can see that we are Christians. For example, Catholics may be seen going to Mass or blessing themselves as they pass a church. But the most important way that we show we are Christians is by how we treat other people. In St Paul's letter to the people of Galatia, he said that others will recognise followers of Jesus if they live lives filled with love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control. These are called the fruits of the Holy Spirit. The children explored how they and others can show these fruits in their daily lives.

Pray this prayer together:

Spirit of God, come to us.

Help us to show by our words and our actions that you are alive in our hearts.

May our lives be an example to others, and may we be inspired by the lives of other Christians. We make this prayer through Christ, our Lord. Amen.

DID YOU KNOW?

Every day, we have many opportunities to show and to grow the fruits of the Holy Spirit in our lives.

TIME TOGETHER

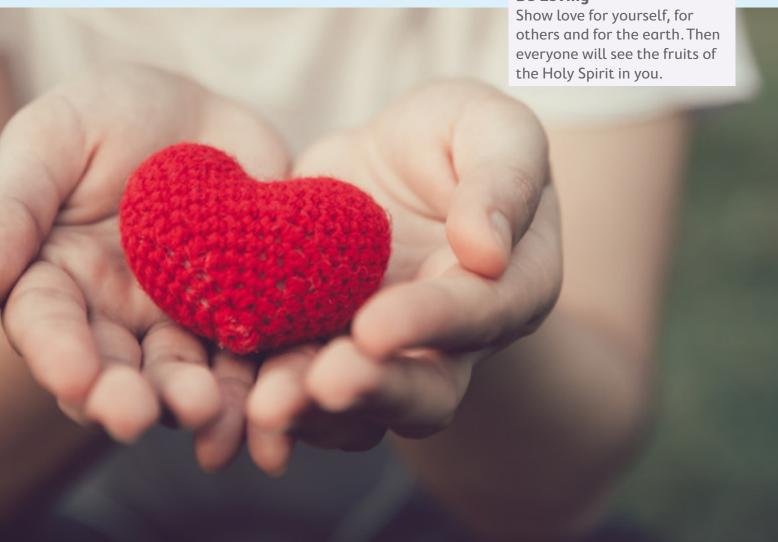
Chat Together

Talk about a way in which each of the people in your immediate family displayed one of the fruits of the Holy Spirit recently.

Respond and Share

Write in your Religious
Education journal about a
time when you showed one of
the fruits of the Holy Spirit in
your own life. Share your work
with your parent or guardian.

Be Loving



Theme 10: Confirmation (The Holy Spirit) | Lesson 2: The Fruits of the Holy Spirit

You are invited to think about:

- Why you want to be confirmed
- What will happen during the Rite of Confirmation
- What name you will choose as your Confirmation name
- Who you will choose as your Confirmation sponsor

KEY WORDS

Confirmation candidate:

The name for the baptised person who is preparing to celebrate the Sacrament of Confirmation.

Oil of chrism: The oil used in Baptism, Confirmation and for the ordination of priests and bishops. It is blessed by the bishop during the Chrism Mass, which is celebrated during Holy Week. Afterwards, this oil is used in any Baptisms or Confirmations that are celebrated in the diocese during the year.

Confirmation name: A name chosen by a Confirmation candidate as a sign that they are ready to begin to live in a new way. It is recommended that the candidates for Confirmation choose the name of a saint for their Confirmation name.

Confirmation sponsor:

A person chosen by a
Confirmation candidate to
support him or her in their
journey as a follower of
Jesus. Ideally this will be
the candidate's baptismal
godparent, but it can be any
person over the age of sixteen
who is a practising Catholic.

THEME 10: CONFIRMATION (THE HOLY SPIRIT) | LESSON 3

The Liturgy of Confirmation

THE SACRAMENT OF CONFIRMATION

During the Sacrament of Confirmation the priest or bishop asks the **Confirmation candidates** to confirm the promises that were made on their behalf at Baptism. The Sacrament of Confirmation is their opportunity to renew those promises themselves as disciples of Jesus.

THINK ABOUT IT ...

 Are you looking forward to being confirmed? Why or why not?

THE RITE OF CONFIRMATION

There are four parts to the Rite of Confirmation.

1: Calling by name

After the Readings and the homily, each of the Confirmation candidates is called by name and asked to stand. The celebrant explains what it means to be confirmed.

2: Renewal of baptismal promises

The candidates are asked to renew their baptismal promises. These are the promises their families made on their behalf when they were baptised. They are now old enough to make these promises themselves. This is their way of saying that they want to confirm the promises made on their behalf at Baptism.

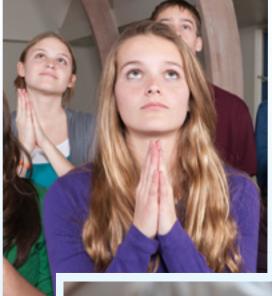
3: Laying on of hands and calling upon the Holy Spirit

In Old Testament times the laying on of hands was a sign of blessing. The Gospels tell us that, following in this tradition, Jesus placed his hands on people as a sign of blessing or healing. The Acts of the Apostles also tells us that, after Pentecost, Peter and John laid their hands on the newly baptised followers of Jesus, 'and they received the Holy Spirit' (Acts of the Apostles 8:17).

So, too, in Confirmation the celebrant lays his hands upon those whom he is confirming (by extending his hands over them). This is a sign that the gift of the Holy Spirit is being given to them. The celebrant then says a special prayer to call down the Holy Spirit upon those who are about to be confirmed.

4: Anointing with chrism

The candidates go forward to the celebrant to be anointed with the **oil of chrism**. The celebrant addresses each









candidate by name as he anoints them with chrism. The celebrant dips his right thumb in the chrism and makes the sign of the cross on the forehead of the candidate, saying, '(Name), be sealed with the gift of the Holy Spirit.' The celebrant then offers the newly confirmed person a sign of peace.

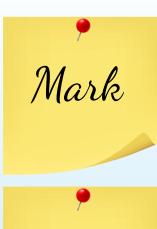
CONFIRMATION NAMES AND CONFIRMATION SPONSORS

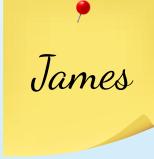
For our Baptism, our names and godparents were chosen for us by our families. We choose our own Confirmation names and sponsors, with guidance from our parents.

Confirmation Names

Names are special and important. Everyone knows us by our name. God knows us by our name. God says to us, 'I have called you by your name – you are mine.'

People usually choose a new name at Confirmation as a sign that they are ready to try to live in a new way as a follower of Jesus.









FOR MEMORISATION

In the Sacrament of Confirmation we receive the gift of the Holy Spirit and we remember and renew our baptismal promises. In the Old and New Testaments we find many people who changed their names during important times in their lives. For example:

- In the Old Testament, Abram became Abraham after he entered into a covenant with God. God promised that he would lead Abram to a new land and that he would give him the gift of descendants.
- In the New Testament, Saul became Paul. Saul was originally one of the people who persecuted the followers of Jesus. He would find and capture them and put them in prison. One day, however, on his way to the city of Damascus, Saul saw a blinding light and heard the voice of Jesus. Jesus asked Saul why he was attacking Christians. After this experience, Saul was changed. He believed that Jesus was God's Son and he decided to dedicate his life to helping others to come to know that too. He then became known as Paul. (See Acts of the Apostles 9:1-20.)

When a Pope is elected, he chooses a new name to signify that he is now the chief shepherd of the Church. Jorge Bergoglio was the first Pope to choose the name Francis, after St Francis of Assisi.

It is recommended that candidates for Confirmation choose the name of a saint for their **Confirmation name**, because the saints remind us of how to live our lives as true followers of Jesus.

JOURNAL EXERCISE: MY CONFIRMATION NAME

 In your Religious Education journal, write out and decorate the name you have chosen for Confirmation.
 Write a paragraph to explain why you chose this name.

Confirmation Sponsors

For a child's Baptism, it is parents, along with other family members, who choose godparents to help them to raise their child to know and love God. In Confirmation, candidates choose for themselves a person who will help them to live a Christian life, strengthened by the Holy Spirit.

It is often a good idea for candidates to ask a godparent to be their **Confirmation sponsor**, as it is likely that he/she has journeyed with them for most of their lives. In some cases, this is not possible. Candidates can therefore think of someone else who will support their decision to live as a follower of Jesus and as a member of the Church. This person should be a confirmed, practising Catholic who has received Holy Communion. Except in unusual circumstances, they must not be less than sixteen years old.

The children learned that, in Confirmation, we confirm the promises made on our behalf at Baptism. The Sacrament of Confirmation is our opportunity to renew those promises ourselves as disciples of Jesus. During the Confirmation rite the celebrant (a bishop or priest) calls on God's Spirit to come upon the candidates for Confirmation. Each candidate is then accompanied by their sponsor to be anointed by the celebrant with the oil of chrism.

Pray this prayer together:

Come, Holy Spirit, fill the hearts of your faithful. Enkindle in us the fire of your love. Send forth your Spirit and we shall be created, And you shall renew the face of the earth. Amen.

DID YOU KNOW?

Each candidate for Confirmation chooses a new name as a sign that they are ready to live in a new way as a follower of Jesus.

TIME TOGETHER

Chat Together

There is no obligation to celebrate your Confirmation at the end of primary school. Chat about whether or not now is the right time to confirm that you are a member of the Church. It is a big commitment!

Record and Share

Can you think of three reasons why you would celebrate your Confirmation? Record these in your Religious Education journal. Share your work with your parent or guardian.

Be Informed

Be sure you know what you are saying 'Yes' to if you decide to celebrate the Sacrament of Confirmation.



You are invited to think about:

- The needs of people in your school and community, in the country and in the world
- Ways in which you could respond to some of these needs with the help of the Holy Spirit
- How the Holy Spirit can be seen at work in the lives of people of faith





THEME 10: CONFIRMATION (THE HOLY SPIRIT) | LESSON 4

Making a Difference after Confirmation

THE WORK OF THE HOLY SPIRIT

At our Baptism we received the Holy Spirit for the first time. In Confirmation, we receive the fullness of the Holy Spirit. This means that the Holy Spirit is strengthened within us.

The Holy Spirit is ready to inspire us to live our lives as followers of Jesus if our hearts are open to the Spirit's guidance. This same Holy Spirit has inspired millions of people since the time of Christ.

CHRISTIAN HEROES

Read the following descriptions of how the Holy Spirit inspired these people to be Christian heroes, spreading the Good News about Jesus and about God's love far and wide.

St Peter

Just moments after receiving the Holy Spirit on the day of Pentecost, as Jesus had promised would happen, Peter spoke to the crowd of people who had gathered in Jerusalem (Acts of the Apostles 2:14-42). He knew that they needed to hear that Jesus was God's Son, and that he had come on earth to show people a new way to live and a new way to love. Peter was so convincing that about three thousand people were baptised that very day. Soon after that, Peter cured a man who could not walk, who was sitting outside the Temple (Acts of the Apostles 3:1-10). According to Christian tradition, Peter was crucified in Rome under Emperor Nero, who persecuted many Christians. It is believed that he asked to be crucified upside down, since he saw himself unworthy to be crucified in the same way as Jesus.

St Patrick

St Patrick came to Ireland as a young boy some time in the fourth century. He was brought here as a slave and he lived a lonely life for many years. Patrick eventually escaped and found his way home to his family. He often prayed to God and listened for God's response. With the help of the Holy Spirit, he eventually became a priest and returned to Ireland to tell the people the Good News of God's love. He knew that this was a message the Irish people needed to hear.

Venerable Catherine McAuley

Catherine McAuley was born into a wealthy family in Dublin in 1778. When she inherited a large sum of money, she could have done anything she liked with it. Inspired by the Holy Spirit, however, she decided to buy a large building on Baggot Street, Dublin, so that she could provide a home for and educate young women and children from poor backgrounds. Many women joined her to help her. In 1831 Catherine McAuley and two of her coworkers took religious vows. This was the beginning of the Congregation of the Sisters of Mercy. By 2018 there were more than 9,000 Sisters of Mercy working all around the world in the name of Catherine McAuley.



St Teresa was born in Albania in 1910. When she was eighteen years old she moved to Ireland. Later she moved to Calcutta (now Kolkata), India, where she lived for most of her life. St Teresa became very distressed when she saw the living conditions of the poor of Calcutta. People who were sick and even dying had nowhere to go and no one to look after them, so they would simply lie down on the side of the street. Medicine was in short supply, as was food and education. Inspired and guided by the Holy Spirit, St Teresa worked with other women to open the hospitals, orphanages and schools that the people so desperately needed. These places continue to offer help and support to people today.







You are now strengthened with the same Holy Spirit that inspired and guided St Peter, St Patrick, Catherine McAuley and St Teresa of Calcutta (Kolkata). The gifts of the Holy Spirit are sealed in you. You now have the power and ability to make a difference in the world, just like these people did. You, too, can be a Christian hero!

There are many, many needs in today's world. We can be Christian heroes by responding to those needs. So the question is: what will *you* do?





Here are some statements from children who celebrated their Confirmation recently, telling us about how they responded to different needs in their local community:

'Everyone in our class decided to give ten per cent of the money that they got for their Confirmation to a charity that helps the families of children who have cystic fibrosis. There is a boy in our class who suffers from it and he has to spend a lot of time in hospital.'

'We visited the local SPCA (Society for the Protection of Cruelty to Animals) and learned about the work they do in rescuing and helping abandoned animals. Then we had an information campaign in our school to tell everyone how important it is to care for and respect animals.'

'We ran a cake sale one Friday last month. We all brought in cakes and sold them in the hall just before lunchtime. We raised €150 for Focus Ireland.'

'Five of us in Sixth Class have volunteered to be Yard Buddies for the children in the younger classes. This involves teaching the little ones new games that they can play at lunchtime. We also teach them how to share, take turns, use kind words and wait patiently. We wear high-vis jackets that say "Yard Buddy" on them.'

'We help children in Second Class to practise their reading by going to their class at 10:50 am every day to read with them for ten minutes before small break.'

'We joined with loads of other groups to take part in Team Limerick Clean-Up. This is where thousands of people take to the streets of Limerick to do one big clean-up on Good Friday. This year we collected 98 tonnes of litter.'

THINK ABOUT IT ...

 What are some of the needs in your local community, in the country or in the world today? What can you do to help?

FOR MEMORISATION

Strengthened by the Holy Spirit in Confirmation, we can make a difference in the world.

The children have reflected on how, now that the day of their Confirmation is over, their work as newly confirmed followers of Jesus is only just beginning. The gifts of the Holy Spirit have been sealed in them. These gifts will strengthen them to live as followers of Jesus and to address the needs that they see around them. The children have looked at some examples of how people throughout history addressed the needs of their own time. They have also seen examples of how other children have been responding to the needs in their communities since their Confirmation.

Read the poem 'Inspired' together.

Inspired

The big day has passed, all the work it is done, But, thanks to the Spirit, a new life has begun. Confirmed by the bishop, with chrism anointed, Sealed with the Spirit, new disciples appointed.

The Spirit is there to inspire you each day
To be like Jesus as you work and pray.
Fruits and gifts to use and to share
At home, in school and everywhere.

If you are anxious or have challenges to face, Remember that God's Spirit will fill you with grace. Look deep within, you've all that you need, All the gifts and fruits to help you succeed.

The Spirit is with us every day of our life, Helping us to help others in moments of strife. With these four little words we can surely overcome Any obstacles we meet: 'Come, Holy Spirit, Come!'



DID YOU KNOW?

Down through the centuries, from the time of the apostles and the early Church to today, the Holy Spirit has inspired millions of people in every corner of the planet to live according to the Gospel and to help those who are in need.

TIME TOGETHER

Chat Together

Talk about ways in which you, as a family, can work to address a need in your local community.

Respond and Share

Today, do one thing to show that you are ready to live up to the promises you made in Confirmation by addressing a need in your world. Write or draw about what you did in your Religious Education journal. Share your work with your parent or guardian.

Pray Together

Spirit of God, confirmed in us, thank you for all the gifts you have sealed in us.

May we continue to live as followers of Jesus and allow your gifts to bear fruit in our lives.

Be Inspired

Be inspired by the Holy Spirit to work with others to help make our world a better place.